



MINUTES OF THE BOARD OF SUPERVISORS  
COUNTY OF LOS ANGELES, STATE OF CALIFORNIA

Violet Varona-Lukens, Executive Officer  
Clerk of the Board of Supervisors  
383 Kenneth Hahn Hall of Administration  
Los Angeles, California 90012

At its meeting held August 23, 2005, the Board took the following action:

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The following statement was entered into the record for Supervisor Burke:

“The use of illegal drugs and the abuse of alcohol and nicotine constitute the greatest threats to the well-being of America’s children. Surveys conducted by The National Center on Addiction and Substance Abuse at Columbia University have consistently found that the more often children and teenagers eat dinner with their families the less likely they are to smoke, drink and use illegal drugs. Teenagers who virtually never eat dinner with their families are 72 percent more likely than the average teenager to use illegal drugs, alcohol and cigarettes and the correlation between family dinners and reduced risk for teen substance abuse are well documented. Parental influence is known to be one of the most crucial factors in determining the likelihood of substance abuse by teenagers and family dinners have long constituted a substantial pillar of family life in America.”

Peter Baxter addressed the Board.

After discussion, at the suggestion of Supervisor Burke, and on motion of Supervisor Yaroslavsky, seconded by Supervisor Antonovich, unanimously carried (Supervisors Burke and Knabe being absent), the Board took the following actions:

1. Proclaimed September 26, 2005 as "Family Day - A Day to Eat Dinner With Your Children," throughout Los Angeles County in support of the efforts by the National Center of Addiction and Substance Abuse located at Columbia University to promote the value of parental engagement,

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2. Encouraged parents to make family dinners a regular part of their lives; and
3. Urged all residents to recognize and participate in its observance.

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Copies distributed:

Each Supervisor  
Chief Administrative Officer  
County Counsel

Letter sent to:

Director of Programs, The National Center on Addiction and  
Substance Abuse